

13th April 2026

Dear Parent/Carer

The Relationships and Sex Education; Health Education (England) Regulations (2019) made under section 34 and 35 of the Children and Social Work Act 2017, makes relationship and sex education (RSE) compulsory for all secondary school pupils. We take our responsibility to teach about RSE seriously and want to inform you of what students will learn in the coming term.

As a school we follow the PHSE Association (<https://pshe-association.org.uk/what-is-pshe-education>), a national charity dedicated providing help and support for all topics covering the Personal, Health, Social and Emotional umbrella.

This term students will be receiving lessons and talks from external speakers suitable to their age group. Year 9 & 10s will have a talk from Wayne Stevenson <https://www.stevensontraining.co.uk/> regarding healthy relationships on the Monday 20th April and a talk from PCSO Coles on the law and misogyny on the Tuesday 5th May.

We believe it is vital to involve parents/carers in what students are learning about these important areas of life and are happy to provide the learning materials if you are interested. If you would like to discuss anything regarding the curriculum or would like to see some of the material used in teaching students about healthy relationships, please contact Gary McDonagh at gmcdonagh@weldonva.org.

	Year 7	Year 8	Year 9	Year 10
Week 1	Healthy relationships	Healthy relationships 2	Avoiding assumption	Consent
Week 2	Managing conflict	Sexualised media	Consent	Deepfakes 1
Week 3	Intro to consent	On-line relationships	Relationship values	Deepfakes 2
Week 4	Deciding what to watch	Sexual behaviour	Contraception	Misogyny 1
Week 5	Relationships on screen	Nudes (sharing/law)	Sexual health	Misogyny 2
Week 6	Recap and questions	Gender based violence	End of relationship	Recap and questions

Warm Wishes



Mr Norris
Principal